

Subject:	Substance Misuse Inpatient Detoxification Beds		
Date of Meeting:	7th December 2016		
Report of:	Director of Public Health		
Contact Officer:	Kathy Caley, Lead		
	Name:	Commissioner for	Tel: 29-6557
		Substance Misuse	
	Email:	Kathy.caley@brighton-hove.gov.uk	
Ward(s) affected:	All		

FOR GENERAL RELEASE**1. PURPOSE OF REPORT AND POLICY CONTEXT**

1.1 In December 2015 Sussex Partnership Foundation Trust gave notification that they would be terminating the substance misuse inpatient detoxification service from 31st March 2016. Commissioners were required to urgently establish alternative provision. A new service began on the 1st April 2016 and the substance misuse inpatient detoxification service is now provided by Cranstoun at their unit based in Islington. This report provides an update on the new service and sets out plans for future commissioning arrangements.

2. RECOMMENDATIONS:

2.1 That the Committee notes the update information provided regarding the Substance Misuse Inpatient Detoxification service.

3. CONTEXT/ BACKGROUND INFORMATION

3.1 Adult community based substance misuse (drug and alcohol) services are provided by Pavilions, a partnership of organisations led by Cranstoun, which began providing services locally on the 1st April 2015. A range of treatment interventions are offered to support services users to work towards recovery in a community setting. Each person entering treatment services is allocated a 'care co-ordinator' to work specifically with them around their needs.

3.2 Until 31st March 2016, Sussex Partnership Foundation Trust (SPFT) provided inpatient detoxification services to individuals in Brighton and Hove who required this service. SPFT provided this service from Promenade Ward, which is part of Mill View Hospital in Hove. Contractual responsibility for this service sat with the Clinical Commissioning Group (CCG), and was part of the wider mental health block contract that the CCG has with SPFT.

3.3 In December 2015 SPFT provided formal notification that they would be terminating the contract for the provision of substance misuse inpatient

detoxification beds from the 31st March 2016. Therefore it was necessary to secure alternative provision from the 1st April 2016 onwards. The official notice period given by SPFT was three months, which was a relatively limited timeframe given the steps required to secure alternative provision. BHCC therefore opted to work with Cranstoun, the lead provider in the Pavilions Community Substance Misuse Services partnership, and use their inpatient detoxification unit in London. From the 1st April 2016, any Brighton and Hove resident with a clinical indication for an inpatient detoxification has been referred to 'City Roads' residential detoxification service based in Islington, north London. City Roads is a 21 bed unit that is staffed 24/7 by a clinical and social care team. Cranstoun have been providing this service from the City Roads location for a significant period of time, and patients come from many areas of the country.

- 3.4 A considerable amount of preparation work took place before the new service launched. This included service user consultation on the key areas of concern, patient pathway planning and visits to the new service base. Service users from Brighton and Hove now have to travel outside of the city to access inpatient detoxification services. However, as stated in the March 2016 report to the Overview & Scrutiny Committee, this is generally in keeping with what happens in other areas of the country, as local availability of this type of service is limited. The average length of stay is ten days. Contact with the outside world is usually restricted when a person is undergoing detoxification, and therefore being situated in an area that is not their home city may make detoxification more successful. After detoxification the individual returns to Brighton and Hove, and is supported to continue their recovery by linking to the existing local recovery community.
- 3.5 Pavilions oversee each referral to City Roads. Referrals are reviewed at a multidisciplinary team meeting where a pre-admission checklist is completed. This includes service preparation work to ensure that an individual understands what will be required of them once they are in residence at the unit. This preparation work helps to ensure that clinically appropriate individuals are referred to the service, and that individuals are referred at a point in their recovery journey where they are most likely to be successful. The aftercare support plan for once a person has successfully completed detoxification is also developed before the individual goes to City Road. This helps to ensure that the ongoing support a person will need to continue their recovery is in place.
- 3.6 The service began on the 1st April 2016. As at the 21st October 2016, 46 service users have undergone detoxification at City Roads. The majority of service users are attending City Roads for an alcohol detoxification (85%). To date, 80% of service users have had a 'successful completion'. A successful completion is taken to mean a person residing at the unit for the required length of time to fully detoxify from the substance/s they are using. To be classified as a 'successful completion' a person must be substance free when they leave. The successful completion rate of the City Roads service is comparable with the previous service provided by SPFT.
- 3.7 An area of initial concern was the fact that residents would now have to travel outside of Brighton and Hove to access this service. Extensive work was undertaken on this area, to ensure that the impact of the geographical change

was minimal. A service user's individual needs have been considered on a case by case basis. For some this has meant travelling to London with their care co-ordinator, for others it has meant undertaking the journey with a family member. Individuals usually travel on the train, and are met by a member of the City Roads staff at the station.

- 3.8 Service user feedback has been extremely positive in the main, with only one matter of negative feedback to date. This related to the need for greater information and awareness of the search policy that would be in place at City Roads. This has now been factored into the preparation stage, and individuals are now aware that they will be subject to search upon arrival, as is the process in detoxification units generally. The positive feedback from service users has focused on the excellent support arrangements in place for safe transport to and from City Roads and the excellent service they have received once at City Roads. There have also been reports of excellent communication between City Roads and other substance misuse services, such as Residential Rehabilitation, in Brighton and Hove. As with all services, service user feedback will continue to be collected and used to improve operational delivery.
- 3.9 Feedback from the annual substance misuse service user consultation has indicated that a small number of the wider community of individuals in treatment services still value a local inpatient detoxification unit. Whilst this is understandable, the current financial climate, alongside the high set up costs for such a service, makes this unmanageable. The cost of local private sector detoxification units are considerably higher.
- 3.10 There has been one case where a referral to City Roads has not been possible because of the individual's limited mobility, and the fact that the City Roads service is spread over a number of floors in converted terrace houses. In this case Pavilions and commissioners have worked together to source the most appropriate, value for money service elsewhere.
- 3.11 After detoxification at City Roads, the service user is supported to engage with substance misuse services in Brighton and Hove to continue their recovery journey. This could involve becoming a resident at a local residential rehabilitation unit, engaging with support groups within Pavilions aimed at relapse prevention or linking in to community based services such as Cascade Creative Recovery.
- 3.12 Initially, the City Roads service was for a period of one year, to allow commissioners to explore whether the new arrangements for inpatient detoxification would be a well-functioning aspect of the patient pathway. Commissioners set a key performance indicator of 75 to 80% for successful completion achievement. As previously stated, to date 80% of individuals have successfully completed the detoxification service. The feedback received from service users and professionals has been very positive. The inpatient detoxification contract has now been aligned with the broader Cranstoun community contract which is due to run until the end of March 2020.

4. ANALYSIS & CONSIDERATION OF ANY ALTERNATIVE OPTIONS

- 4.1 Brighton and Hove could look to develop a framework agreement with a number of detoxification services across the country, as West Sussex has done. However, there is no additional value for Brighton and Hove residents in doing this, as they will still be required to travel outside of Brighton and Hove. As Cranstoun currently provide both community and inpatient detoxification services, communication channels between the two services are enhanced.

5. COMMUNITY ENGAGEMENT & CONSULTATION

- 5.1 There has been ongoing service user and partner consultation regarding the City Roads Substance Misuse Inpatient Detoxification service. This is collected by the independent Substance Misuse Service User Involvement worker, employed by Mind. Commissioners have also had ongoing discussions with relevant organisations within the city to ensure that any issues are identified and addressed immediately. A further discussion took place at the Substance Misuse Programme Board in October 2016, allowing for any other points to be raised. There has been a considerable amount of praise for the service and the way it is operating. A paper was also taken to the November 2016 Health and Wellbeing Board, which included a discussion on the inpatient detoxification beds.

6. CONCLUSION

- 6.1 Operation of the City Roads Substance Misuse Inpatient Detoxification service for service users in Brighton and Hove is proving to be successful. Cranstoun continue to provide the inpatient service, in line with their existing contract for community substance misuse services.

7. FINANCIAL & OTHER IMPLICATIONS:

Financial Implications:

There are no direct financial implications arising from the recommendation made in this report.

Finance Officer Consulted: Mike Bentley

Date: 04/10/16

Legal Implications:

There are no legal implications arising from the recommendation in this report

Lawyer Consulted: Judith Fisher

Date: 6.10.16

Equalities Implications:

- 7.1 Equalities, and the reduction of health inequalities, are considered in the service specification development of any Public Health service. Services will be developed to ensure that all individuals have equal access.

Sustainability Implications:

- 7.2 The approach outlined above ensures that substance misuse inpatient detoxification services can continue to be provided.

Any Other Significant Implications:

- 7.3 None

SUPPORTING DOCUMENTATION

Appendices:

1. Health and Wellbeing Board (15th March 2016) paper on Substance Misuse Inpatient Detoxification
2. Appendix to Health and Wellbeing Board (15th March 2016) paper on Substance Misuse Inpatient Detoxification

